

Year R and 1 SRE Scheme of work

Year 1 and 2 SRE Scheme of Work

Learning Objectives	key concepts	Learning Objectives	key concepts
<p>Understand that they entered the world as babies and this is called their birth Know that humans develop at different rates</p>	<ul style="list-style-type: none"> • Birth • Difference in growth and development 	<p>Develop a positive attitude to difference Challenge stereotypes Understand how they have already changed To understand that families are for caring and sharing and they are all different</p>	<ul style="list-style-type: none"> • We are all different • We grow and develop at different rates • Compare themselves now and as babies • Different families
<p>Reflect on feelings when a new sibling is born New babies have special needs</p>	<ul style="list-style-type: none"> • New babies • Siblings • Helping to look after baby • What does a new baby need 	<p>Name the main parts of the body Know that that males and females are different</p>	<ul style="list-style-type: none"> • Name female and male animals • Label main parts of body
<p>To learn about ourselves and how we grow Name main body parts Understand male/female in humans and animals</p>	<ul style="list-style-type: none"> • The key stages of human lifecycle • The 5 senses • Growth and change • Label body parts 	<p>Understand that all animals need to reproduce Know that it is always the female that gives birth to young To understand that babies have special needs</p>	<ul style="list-style-type: none"> • Study lifecycles of animals/insects • Learn the names for mother and baby animals • Looking after a new baby
<p>To identify special people who they love and people they can trust Understand different relationships they have</p>	<ul style="list-style-type: none"> • Special people • Family • Friends • Happy/unhappy feelings 	<p>Understand the difference between good and bad secrets</p>	<ul style="list-style-type: none"> • Good secrets • Bad secrets • Who can you trust
	<ul style="list-style-type: none"> • 	<p>Develop strategies to stay safe Develop confidence Develop skills for dealing with unwanted physical contact</p>	<ul style="list-style-type: none"> • Recognising uncomfortable feelings • Ok to say no! • Likes/dislikes • Touching

Year 3 and 4 SRE Scheme of Work

Year 5 SRE Scheme of Work

Learning Objectives	key concepts	Learning Objectives	key concepts
Recognise that change is part of growing up. <i>Dealing with change in a positive way</i>	<ul style="list-style-type: none"> Life is a cycle Physical changes birth to present We are all different <i>Coping with change</i> 	Understand the main physical and emotional changes during puberty	<ul style="list-style-type: none"> How the body changes at puberty Emotional changes at puberty Am I the same as everyone else-concerns and worries Respect for others
Appreciate that not all families are the same	<ul style="list-style-type: none"> Compare families in the class Family changes and their effects eg divorce/loss How do families show affection 	Understand the process of menstruation and how to cope with it. (Some parts of this objective will be taught to girls only)	<ul style="list-style-type: none"> Know about periods Understand sanitary products Hygiene issues
Animal /plant and human lifecycles	<ul style="list-style-type: none"> Similarities and differences Animals before birth/gestation 	Develop a positive attitude to personal body image	<ul style="list-style-type: none">
Understand the needs of a new baby Consider the impact on a family	<ul style="list-style-type: none"> List baby's needs including emotional needs Discuss impact on a family and siblings 	Consider the different qualities needed for friendships and relationships	<ul style="list-style-type: none"> Qualities for good relationships Love and trust
Become aware of hygiene practices and products	<ul style="list-style-type: none"> Healthy Clean 	To recognise different types of relationships	<ul style="list-style-type: none"> Different relationships Different family structures
To understand and respect the feelings of others	<ul style="list-style-type: none"> Relationships Responsibilities Very Young Elderly Personal space 	Learn the correct terms for major organs of the body including sexual body parts	<ul style="list-style-type: none"> Difference between male and female in animals and humans Name internal body organs and their
Develop confidence and the skills to seek help	<ul style="list-style-type: none"> Adults you can trust 	Begin to develop strategies for resisting Peer pressure	<ul style="list-style-type: none"> Peer pressure Persuasion Advertising

			<ul style="list-style-type: none"> • Saying no
		Understand when it is appropriate to take a risk , when to say no when to ask for help	<ul style="list-style-type: none"> • Risky situations • Keeping safe • How to ask for help

Year 6 SRE Scheme of Work

Learning Objectives	key concepts
Know the main stages of the human life cycle*	<ul style="list-style-type: none"> • Growth and reproduction in humans
Revise understanding of puberty	<ul style="list-style-type: none"> • Physical • Emotional aspects of puberty
To raise awareness of gender stereotyping and the pressures of the media etc	<ul style="list-style-type: none"> • Everyone is unique and valued • Being comfortable with self
To consider the qualities that are important for friendship and relationships	<ul style="list-style-type: none"> • Emotional changes • Qualities need for good relationships • Seeing from others pov
To explore the concept of marriage and stable relationships for the importance of family life	<ul style="list-style-type: none"> • Marriage and partnerships • Other stable relationships
Consider when adults are ready for parenthood	<ul style="list-style-type: none"> • Parenthood is a choice • Skills needed to be a parent
To be aware of health and hygiene at puberty and beyond	<ul style="list-style-type: none"> • Hygiene during puberty • Safe routines can stop the spread of infections • Self-respect and respect for others
To increase awareness of personal safety	<ul style="list-style-type: none"> • Recognising adults who they can trust • Confidence in new situations • Internet safety
To consider their aspirations for the future	<ul style="list-style-type: none"> • Concerns for the future • Worries